

A Mother's Day brunch takes 9:30 a.m. place 1 p.m. May 8 at the Yukon Club. Call 377-2635.



Free hunting, fishing seminars

SEE Page 4



Cope Thunder participants balance work, fun

SEE page 6

Eielson Air Force Base, Alaska Home of the Iceman Team

entry Arctic

"To Fight and Support the Fight - Any Time, Any Place"

"Spring into Action"

Community Fun Night "Spring into Action" starts at 5 p.m. at the Yukon Club. There will be fun and games for all ages. An American buffet will be served for per person. Call 377-3268 for more information.

Active Airman's Association meeting

An Active Airman's Association meeting takes place 4 p.m. Thursday at the Airman's Center in the Two **Seasons Dining Facility.** The Airman's Association will be taking nominations for new officers as well as a committee chairmen.

Around Eielson A quick look at what's

going on

Today

- ▶ Monte Carlo Night begins at 8 p.m. at the Yukon Club. There will be roulette, blackjack, the money wheel, Texas Hold 'em and big glove boxing.
- ▶ Base theater: **Robots**, (PG) 7 p.m.

Saturday

- An ATV Tour begins 9 a.m. at the Goldrush Inn. Cost is \$35 for a four-hour tour conducted by the outdoor recreation staff. Call 377-1232 or 1328.
- ▶ Base theater: **Hostage**, (R) 7 p.m.

Sunday

- ▶ 9 a.m. to 1 p.m. Breakfast buffet, with new waffle bar and food items, takes place at the Yukon
- ▶ Base theater: **Robots**, (PG) 7 p.m.

Monday

▶ 5 p.m. Build your own hoagie pizza at the Yukon Club.

Tuesday

▶ 5 p.m. Prime rib and cook your own steak night at the Yukon

Wednesday

▶ 5 p.m. Family style buffet at

Thursday

the Yukon Club.

7 p.m.

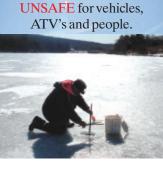
▶ 5 p.m. Pasta Extravaganza at the Yukon Club.

▶ Base theater: **Hostage**, (R)

April 29

▶ 5 p.m. Seafood dinner special at Yukon Club.

Ice conditions on main base lakes All lakes on base are



Military training flight wins PACAF award

by Senior Airman Jasmine Reif 354th Fighter Wing Public Affairs

The 354th Maintenance Operations Squadron Maintenance Training Flight was recently honored with the Pacific Air Force's 2004 Maintenance Training Flight of the Year Award.

Chief among their accomplishments was that Eielson's MTF maintained a 0.1 percent training overdue rate during fiscal year 2004, while the PACAF training overdue standard is 5 percent, according to the pack-

"I always believed we were putting our best effort in to our programs and it was very gratifying for that to be recognized and acknowledged by PACAF," said Master Sgt. Rodney Beich, 354th MTF superintendent.

The nine people assigned to the flight worked together to have an A-10 Ground Instructional Training Aircraft restored.

"The training aircraft allowed the fire department and the 372nd Training Squadron Det. 14 to conduct 825 hours of training, while keeping fully mission capable aircraft flying, said Sergeant Beich. "We also had an engine and ejection seat put in, which allowed it to be used for critical fire department and crash recovery training."

We are always looking for ways to make training easier for the maintainers," said Master Sgt. Loretta Noles, 354th MTF chief of training management.

An innovative aerospace

ground equipment generation course was started and it consolidated six classes into one two-day course covering 13 units of equipment. "It saved Icemen four and a

half hours per class, said Sergeant Noles." In addition, local area net-

work access was increased from

four to 96 connections.

"We engineered installation of wire hub LAN access in the classrooms. It allows more experienced personnel to quickly finish training and allows newer Airmen who haven't received the training before to take their time while completing it," said Sergeant

See Award, Page 2



Load crew competition

Ready, set, load

Above, the winning team, from left, Staff Sgt. Brandon Arenibar and Airmen 1st Class Justin Bently and Micheal Lee, 18th Aircraft Maintenance Unit load crew members, carry an AIM 9 missile to an F-16 during the 354th Fighter Wing Weapons Standardization quarterly loading competition. Left, Senior Airman Travis Sacket (front) and Staff Sgt. Harry Reynolds, 355th Aircraft Maintenance Unit load crew members, inspect a Mark 82 High Drag bomb. The 18th AMU team won the competition and each member will get a three-day pass, a certificate and an ulu. Each crew member was rated on the time it took to load the weapons, each individual's dress and appearance and load crew competency test scores.

Render proper respect to flag

Compiled from staff reports 354th Fighter Wing Public Affairs

When Iceman Team members hear Reveille every morning at 7 a.m., Retreat every evening at 4:30 p.m., and TAPS every night at 10 p.m. they should know how and when to render the proper respect.

Reveille — two bugle calls and the raising of the flag in front of Amber Hall—signifies the start of the official duty day.

The first bugle call is "Reveille" – people outside should stop and stand at PARADE REST facing the flag or in the direction the music is coming from if a flag is not visible.

After the first bugle call people should come to ATTENTION in preparation for the second bugle call "To the Colors."

On the first note of "To the Colors," if in uniform SALUTE.

If not in uniform, to include civilians, place your right hand over your heart.

Take your hat off if you are in civilian clothes with your right hand and put your right hand over your heart.

After the last note, continue on your way.

Retreat—a bugle call followed by the National Anthem and the lowering of the flag—signifies the end of the official duty day.

The bugle call is "Retreat" — people outside should stop and stand at PARADE REST facing the flag or in the direction the music is coming from if a flag is not visible.

After the bugle call, people should stand at AT-TENTION in preparation for the National Anthem. On the first note of the National Anthem, if in

uniform SALUTE.

See Respect, Page 2

Motorcyclists cautioned to stay visible, safe

by 1st Lt. Teresa Sullivan 354th Fighter Wing Public Affairs

Iceman Team motorcyclists are cautioned to stay visible and safe at all times while riding in order to avoid mishaps on and off base this spring and summer season.

By following Pacific Air Forces' motorcycle safety

guidelines, maintaining current training requirements and practicing operational risk management Icemen can decrease their chances of an accident, according to Staff Sgt. Robert Brock, 354th Fighter Wing Safety ground safety technician.

"Visibility and operating your bike in a safe manner are the keys to avoiding accidents,"

he said. "Most accidents happen because another vehicle didn't see the motorcyclist or they were operating the bike in an unsafe

In 2004 Eielson had four motorcycle incidents. Three out of the four were due to other drivers not seeing the motorcyclists and the other occurred when the rider lost control, according to

wing safety officials.

"We don't have a lot of motorcycle accidents here, but I would like people to be aware of the risks and of the PACAF motorcycle training requirements," Sergeant Brock said. "We haven't had a mishap yet this year, but motorcycle season is upon us and people need be reminded of the proper

safety measures."

All Iceman Team motorcyclists are required to complete initial and follow up training, along with wearing mandatory personal protective gear.

Personal protective equipment is vital to proper safety,

> See Motorcycles, Page 2

Alcohol prevention, help available

by Airman Justin Weaver 354th Fighter Wing Public Affairs

Many Airmen do not recognize a serious problem that can be easily prevented – alcohol abuse. Drinking puts Airmen at risk for many serious problems, ranging from car crashes to date rape. "Prevention, early detection,

and timely intervention are vital,"

said Capt. Brenda Matthews, 354th Medical Operations Squadron chief of life skills. "Heavy drinking over a long period of time can lead to health problems, such as cirrhosis of the liver and various types of cancer." To help prevent health prob-

lems, the individual needs to

See Alcohol, Page 2

Capt. Chris Plant, 355th Fighter Squadron A-10 pilot, works to gain position against 1st Lt. Zach 90th Bartoe, Fighter Squadron F-15E pilot, to line up a shot during the Cope Thunder kick-off tournament at the Aurora Club April 22.

Ahh, Crud



ICEMEN DEPLOYED



Daylight:

Mostly Sunny



Saturday

High 63, Low 36



Sunday High 62, Low 35



17 hrs., 2 mins.

Enduring Freedom - 101 Other - 14 Total = 220As of April 25

Iraqi Freedom - 105

16 hrs., 48 mins.

16 hrs., 55 mins.

Partly Cloudy **Daylight:**

Partly Cloudy

Daylight:

Award from Page1

Aside from improving the flight, the Icemen assigned to the MTF also focus on self improve-

They completed 33 masters degrees, 30 bachelors degrees and 15 associates degree credits and earned a masters in business administration, bachelors in management and a Community College of the Air Force degree in training management.

"I was very happy to hear that

we had won the award and very proud of the accomplishments that we achieved over the past year," said Sergeant Noles. "I don't think that any one thing made our flight stand above the rest. It was a combination of all the various things we worked on throughout the year that put us above the rest."

Team work was an important part of getting the mission accomplished everyday.

People in uniform should

If not in uniform, to include

After the last note, continue

If driving — safely pull to the

Capt. Matthews said.

side of the road and wait quietly

until the last note before

SALUTE in the direction the

civilians, place your right hand

music is coming from.

over your heart.

on your way.

proceeding.

"We helped each other get through the daily challenges," said Sergeant Beich. "Team work came from many sources, such as Col. Ronald Crosby, 354th Maintenance Group commander, who made training a priority, and the 354th Aircraft Maintenance Squadron, Maintenance Squadron and MOS leadership who provided manpower and were directly involved in the training program."

tournament, which took place April 22 at the Aurora Club:

compiled from staff reports

Lt. Col. Dean Anderson Lt. Col. Dieter Barheihs Maj. Sam Shaneyfelt Maj. Matthew Mitchell Capt. Mark Morrell Capt. Larry Sullivan

Crud tournament winners

were the winners of the Cope Thunder kick-off crud

Airman sentenced for

underage drinking

wrongful use of drugs,

Airman 1st Class Brian Zygmontowicz, 354th Logistics Readiness

Squadron, was sentenced on Feb. 24 2005 to two months confinement,

hard labor without confinement for thirty days and reduced to the rank

of airman basic, after pleading guilty in a special court-martial. Airman

Zygmontowicz was sentenced by military judge alone for violating

Article 92 of the Uniform Code of Military Justice, Dereliction of Duty

by consuming alcohol while under the legal age and for violating Ar-

ticle 112a of the UCMJ, Wrongful Use of a Controlled Substance by

snorting cocaine. Captains Matt Coakley and Michael Tewalt repre-

sented the government in this case. Airman Zigmontowicz was repre-

of Nov. 13, 2004. It was at this party that he consumed alcohol while

under the legal age of 21 and snorted two lines of cocaine before

passing out. He tested positive in a random drug screening the week

Overseas quarterly

RANDOLPH AIR FORCE BASE, Texas (AFPN) — The En-

Airmen need to work through their military personnel flights

listed Quarterly Assignment Listing for the January to March

to update their preferences by May 20. Deployed Airmen can

work with their personnel representative to update assignment

preferences. Airmen will be notified of their selection by mid-

Force specialty and rank. Airmen should review, prioritize and up-

date their assignment preferences based on the assignment list.

afas.afpc.randolph.af.mil/amsweb/master.cfm or by calling the

Military Personal Flight at 377-2276. (Courtesy of AFPC News

developmental education

RANDOLPH AFB, Texas (AFPN) — Mission-support and cer-

Officers in logistics, civil engineering, program management,

tain non-rated operations officers considering basic developmental

developmental engineering, communications and information,

services, public affairs, manpower and other mission-support

career fields may apply for one or more developmental pro-

grams. Also, officers in intelligence, and space and missiles ca-

reer fields can apply for exchange programs with the acquisition

• Air Force Institute of Technology or Naval postgraduate

• Space-lift education and crossover program.

• Marine Corps Expeditionary Warfare School.

• Information officer engineering exchange.

• Comptroller operation logistics tour.

• Space and missile acquisition exchange program.

• Acquisition and intelligence experience exchange tour.

Officers must be released by their core assignment team before

E-mail addresses for application submissions and complete

applying and submit a completed Air Force Information Manage-

ment Tool 3849, PME/AFIT/RTFB Officer Worksheet, to the Air

details about each program are available at local military per-

sonnel fights or online at www.afpc.randolph.af.mil/acquis/.

• Acquisition and logistics experience exchange tour.

Deadline set, apply for

education programs in 2006 have until June 15 to apply.

EQUAL advertises upcoming assignment requirements by Air

Airmen can view the lists online at https://

2006 cycle overseas requirements will be available May 3.

assignment listing

available May 3

Airman Zygmontowicz attended an off-base party on the weekend

sented by Capt. A. Scott Gunn, the local area defense counsel.

The following Icemen from the 18th Fighter Squadron

Motorcycles from Page1

according to Sergeant Brock. Wearing a helmet, full-fingered gloves, sturdy footwear, lime green or orange reflective gear, long-sleeved pants and shirts is mandatory for military members on and off base, as stated in Air Force Instruction 91-207. Civilians must wear this gear as well, while riding motorcycles on base, he said.

Protective gear is not only mandatory, but it can lower the rider's risk of fatal injury by 29 percent and reduce the risk of traumatic brain injury by 67 percent, according to officials.

Respect from Page1

If not in uniform, to include civilians, place your right hand over your heart.

Take your hat off if you are in civilian clothes with your right hand and put your right hand over your heart.

After the last note, continue on your way.

TAPS — is played alone to honor service members who paid the ultimate price.

Alcohol from Page1

realize they are at risk.

"Knowing you are at risk is important, because then you can take steps to protect yourself from developing problems with alcohol," Capt. Matthews said. "Alcoholism can be treated. With support and treatment, many people are able to stop drinking and rebuild their lives."

One way Icemen can help themselves is through the Alcohol and Drug Abuse and prevention program. The ADAPT program is primarily designed for active duty Airmen who have either volunteered or have been mandated to go through the program.

"If an individual has had an alcohol related incident such as underage drinking, driving while intoxicated, fighting or going to work intoxicated, the command is required to refer them to the ADAPT program," Capt. Matthews said.

Once an individual is referred to the program they will receive an initial assessment, she said. The assessment will cover how much alcohol they use, if they had multiple incidents that interfered with their job or relationships and their personal history. If the individual meets the criteria for alcohol abuse or alcohol dependency, they would be enrolled in the program.

"Individuals enrolled in the program will then go through an 8-hour Substance Abuse Awareness Seminar, two months of outpatient classes and follow-up care as needed for several more months,"

Eielson's safety requirements can keep Icemen from becoming a mishap statistic. During the 2005 fiscal year PACAF has experienced three fatalities, two of which occurred while operating a motorcycle. During the "101 Critical Days of Summer" last year the Air Force experienced 30 fatalities, 24 of which were traffic related, 11 involved motorcycles.

For more information about motorcycle safety and training requirements, review AFI 91-207, call Sergeant Brock at 377-4263, or contact your unit motorcycle safety monitor.

> **DO NOT**—take off on a dead sprint to a building 30 feet away when you hear the first notes of the bugle call in order to get out of showing the proper respect to our country and fellow service

members. Take pride in having the opportunity to pay respect to the flag and the freedoms it stands for, and take great pride in honoring those who have served before us.

"Just remember," she said. "If you have a drinking problem, or if you suspect you have a drinking problem, there are many others out there like you, and there is help available."

Alcohol test

Answering the following four questions can help you find out if you or a loved one has a drinking problem:

- Have you ever felt you should cut down on your drinking?
- Have people annoyed you by criticizing your drinking?
- Have you ever felt bad or guilty about your drinking?
- Have you ever had a drink first thing in the morning to steady your nerves or to get rid of a

One "yes" answer suggests a possible alcohol problem. More than one "yes" answer means it is highly likely that a problem exists. If you think that you or someone you know might have an alcohol problem, it is important to see a doctor or other health care provider right away. They can help you determine if a drinking problem exists and plan the best course of action.



Trained as a soldier

Iceman Team goal is 60 days without a

DWI.

Need a free ride home?

377-RIDE

Master Sgt. Robert Neufer, 3rd Air Support Operations Squadron first sergeant, aims an M-4 during joint convoy operation training at Fort Wainwright. The 3rd ASOS is the first Air Force unit to own Stryker armored vehicles. They are a tenant unit at Fort Wainwright and will deploy with the Army in the fall.

DWI CLOCK

MAINTAINED BY THE 354TH MAINTENANCE SQUADRON

Days without a DWI: Days until goal:

20

Airmen Against Drunk Driving volunteers gave 51 rides last weekend and have 'saved' **4,004** lives.

(Courtesy of AFPC News Service)

Force Personnel Center.

- Names to note :

Outstanding CDC scores **Airman 1st Class** John Kimble 354th CES 3E451,92 percent

Airman 1st Class Deann Lenard 354th MXS 2W151A, 90 percent

Airman 1st Class Andrew Evraets 354th CS 3C051,90 percent

Baby Icemen Peter Thomas Malenic 7 lbs 3 oz April 19, 2005

Christina and Senior Master Sgt. Matthew Malenic, 354th Logistics Readiness Squadron

CCAF Graduates

The following Icemen are the graduates for the 2004-2005 academic year. The graduation ceremony will take place 3 p.m. May 13 at the Aurora Club.

SSgt Joshua Allen SSgt James Anderson SSgt Jordan Applegate SSgt Talisa Arnold SSgt Jacquilynn Astorga SSgt Alberto Avalos TSgt Cynthia Barrowman TSgt Christopher Bilbrey TSgt Robert Blanchard SSgt Paul Booth MSgt Bradley Branfield SrA Tasha Broyles TSgt Robert Cahill SrA Jeremy Chea SSgt Kevin Clark SSgt Carla Coen SSgt Jeramey Conley TSgt Sean Connolly

TSgt Tammie Davis SSgt Erin Debold TSgt Temeca Espadron MSgt Mark Eyman SSgt Daniel Fairbairn TSgt Donald Fenton TSgt Larry Fitschen MSgt Eric Gadow SSgt Rebecca Gardner SSgt Jeremy Garrett

SrA Matthew Geatches SrA Carmencita Gever SSgt Roberto Gonzalez SSgt Doris Grant SMSgt Bernard Grotegeer TSgt Lisa Gunning MSgt Robert Gunning

SrA Anthony Harper SSot Jack Hartman SSgt Landon Hawk MSgt Darrin Jenkins SrA John Johnson TSgt Neal Johnson TSgt Sara Jones MSgt Janunetta Kelly

SSgt Kenneth Lagerquist MSgt Angelito Lapid MSgt Grantland Luke SSgt Tristan Magdich SSgt Marc Majewski MSgt Kevin Marshall MSgt Kevin McGill SSgt Matthew McLain TSgt Robert Mikulski SSgt Taneea Mitchell MSgt Robert Neufer SrA Michael Nixon

MSgt John Norgren SSgt Rafeeqah Ogden MSgt Edison Platt SSgt Kyle Raihala TSgt Keith Ruszkowski MSgt Steven Ryan

SSgt Courtney Sacket TSgt Kevin Schildhauer SrA Anthony Seckel TSgt Scott Shaver SrA Lucas Shearer MSgt Howard Smith

SrA Joshua Strang SSgt Matthew Sutton TSgt Coulette Swiggett TSgt Muzzy Sztajer MSgt Mark Thomas SSgt Robert Tidwell TSgt Brian Vanderbunt

SSgt Louisa Vanourney SrA Terry Vickery SrA Monica Wallace A1C Kristopher Weaver TSgt Jeffrey Wheeler MSgt Angela Wills SSgt James Yates

Best Metro Format Newspaper in PACAF 2003-2004

Editorial staff

Brig. Gen. Marke Gibson Commander,354th Fighter Wing

Capt. Bradley Jessmer Chief, Public Affairs

career field.

school.

Available programs include:

• Education with industry.

Staff Sgt. William Farrow Chief, Internal Information

Senior Airman Jasmine Reif Editor

Airman Justin Weaver Staff Writer

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The appearance of advertising in this publication, including inserts and supplements, does not constitute endorsement by the

Department of Defense or Fairbanks Daily News-Miner of the products and services advertised. Everything advertised in this publication shall be made available for purchase, use, or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other nonmerit or merit factor of the purchaser, user or patror Editorial content is edited, prepared and provided by the public affairs office of Eielson AFB. All photos are official Air Force photos unless otherwise indicated. The deadline for submission of articles for publication in the Arctic SENTRY is 4 p.m. Friday, seven days prior to the publication date.



Staff Sgt.
Michael Mashburn
Receiving Craftsman
354th LRS
Crystal River, Fla.

"He is a superb NCO who directs vital receipt and inspection processes. He is responsible for helping our Airmen understand and appreciate the role logistics plays in the wing's mission. He brings to his job a wide variety of skills to help meet our organizational goals and ensures all members of the unit are equipped with the tools to become good Airmen."



Airman 1st Class lan Coching COSO Section Member 355th AMU Long Beach, Calif.

"He manages a 774 line item bench stock valued at \$200,000. He is continuously working to improve support for flightline maintenance, while maintaining a 99 percent fill rate. All of his programs received zero discrepencies during the February Maintenance Standardization Evaluation Team Inspection and he was selected as a superior performer by the team."



Tech. Sgt.

HALL OF FAME

The Hall of Fame is a program for group commanders to recognize Airmen for excellent job performance.

Craig Robinson Special Security Representative 354th OSS Montgomery, Ala. "He has done an outstanding job managing the physical security of three classified work areas while coordinating security actions on 180 354th Fighter Wing personnel. He is the model security manager. Additionally, he is the work group manager for 30 computer work stations and keeps those stations running at peak performance Finally, he is the squadron booster club copresident."



Staff Sgt.

Daniel Weathers Aircraft Parts Store Supervisor 354th LRS Charleston, S.C. "He is a hard charger. He orchestrated total overhaul of both our 66 line item funtional check and 1,200 shelf life asset programs by tightening control and identification practices. He then implemented new guidelines and flawlessly trained seven personnel, earning kudos for an error-free internal surveillance.'



Airman 1st Class Kelli Moore Aerospace Ground Equipment **Apprentice** 354th MXS Bakersfield, Calif. "She volunteered to rewrite time compliance technical orders for the B-1 maintenance stand and submitted corrections that better explain the system of repair. She has only been at Eielson for a short time and has already mastered technical order usage and has proven to be a great asset to the flight."

AIR FORCE AIM POINTS DAILY MESSAGES

shuffled to lesser jobs.

These laws also protect against less dramatic but equally career-damaging actions, from receiving bad evaluation reports or letters of counseling to getting temporarily suspended without pay.

While servicemembers, civilian employees and DOD contractors all receive whistleblower protections under the law, the guidelines for what constitutes a whistleblower differ, said Mr. Dan Meyer, DOD Inspector General's civilian reprisal investigations office director.

For example, servicemembers who report waste, fraud or abuse through their chains of command qualify as whistleblowers. However, civilians who report these occurrences to their immediate supervisors do not.

DoD IG recommends that would-be whistleblowers consult with their inspectors general to learn about their rights and protections before taking action.

Call the Fraud, Waste and Abuse hotline at 377-2109 to make a report.

Servicemembers and federal civilian employees are required by executive order to "blow the whistle," on waste, fraud and abuse at work, and officials at the Department of Defense Office of the Inspector General have bolstered protections offered to ensure they do not suffer reprisals on the job as a result.

Federal laws protect so-called "whistleblowers" from adverse per-

sonnel actions they could feasibly suffer when reporting abuses within their organizations: getting fired, losing out on promotions or getting

Services Summer Expo 2005

Free Seminars, "Successful Alaska Fishing and Hunting," held by **Chris Batin**

Chris Batin is a best-selling author and outdoor guide with 30 years experience. Batin has taught thousands of people how to catch fish – salmon, halibut and more. The seminars will be tailored to local area sports fishing and other fishing techniques for Valdez and around the state. The afternoon seminars will cover moose, caribou and bear hunting techniques.

These seminars can help beginner and experienced anglers and hunters to be more effective and "bag" more in the field. There's very real money-saving potential for those who complete Batin's seminars. With his tips they can avoid purchases of unnecessary and possibly ineffective or inappropriate equipment, bait gear. Most hunters and fishermen are reluctant to share their favorite spots, Batin will "tell you where to go," saving people time and the frustration of going home with little more than mosquito bites.

The Services Expo takes place 10 a.m. to 4 p.m. May 14 at the Fitness Center. For more information, call 377-3268.

RV storage removal

tion, call 377-1328.

Lint removal

Icemen with items stored in the RV storage lot

who have not paid storage fees have a 30-day win-

dow to remove items. Only approved RVs, boats,

trailers, and recreational items are authorized in

the lot. All non-approved items will be removed

from the lot beginning June 1. For more informa-

The Eielson Fire Department recently re-

sponded to a small housing fire involving a

clothes dryer. Dryer hoses must be disconnected

and cleaned as needed to help prevent over-

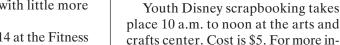
heating the dryer. This fire could have easily

developed into a larger one and was easily pre-

ventable. A few tips to prevent this from hap-

• Periodically check around the washer and

dryer for lint accumulation, pull the dryer away



vent hose and clean it out. • Empty the lint trap after each use.

- Don't let lint pile up in a trashcan next to the
- Ensure vent hose is properly installed, secured

from the wall and sweep the area. Disconnect the

- and doesn't have any holes in it.
 - Make sure the vent hose isn't kinked. For more information, call 377-1293.

EESC "Meet and Greet"

The Eielson Enlisted Spouse's Club "Meet and Greet" dessert social takes place 7-9 p.m. May 9th at the Break. For more information, call 372-3918.

Tuition Assistance Program

The spouses tuition assistance program provides partial tuition assistance for spouses of active duty Airmen, who accompany members to overseas locations and will be taking courses Eielson



Family Bunco takes place 5:30 p.m. at the community center. There will be prizes and snacks. Cost is \$3 per person.

Call 377-2642.

Free Monte Carlo Night begins at 8 p.m. at the Yukon Club. There will be roulette, blackjack, the money wheel, Texas Hold 'em and big glove

30 SAT

1 p.m. at outdoor recreation. Cost is \$35 for four hours. For more information, call 377-1328.

Hiking takes place 10 a.m. to 7 p.m.

at Angel Rock. Cost is \$15 and includes

transportation to Angel Rock, near

ATV tour takes place 9 a.m. to

Chena Hot Springs. Call outdoor recreation at 377-1328. Youth Disney scrapbooking takes

formation, call 377-4880.

Club Member's Bingo takes place 7 p.m. at the Yukon Club. Card sales begin at 6:15 p.m. Adults only.

SUN

A pool tournament takes place 1 p.m. at the Yukon Club. Registration begins at noon. The tournament is open to commu-

nity members of all ranks including temporary duty personnel.

An ATV Tour begins 9 a.m. at the Goldrush Inn. Cost is \$35 for a fourhour tour conducted by the outdoor recreation staff. Call 377-1232 or 1328.

Youth Employment Service Volunteer Orientation takes place 3 p.m. at the youth center. Students grades 9-12 learn valuable skills by volunteering in the community. Qualifying par-

ticipants earn funds for college by volunteering in the YES program. Call 377-3194.

Prime Rib night takes place 5-8 p.m. at the Yukon Club. Call 377-2228.

WED

Community Fun Night's, "Spring into Action," takes place 5 p.m. at the Yukon Club. There will be games for all

ages. Give-aways will include miniature golf and books from noted outdoorsman, Chris Batin.

Learn skeet shooting fundamentals in this introductory session 5-8 p.m. at the shooting range. Cost is \$15 and covers supplies and gun use. Call 377-1232 or 1328.



The "Cinco de Mayo," kids night out takes place 6:30-11 p.m. at the youth center. Cost is \$5. Call 377-3194.

Teens' Open Mic Night takes place 7-11 p.m. Friday and Saturday at the Teen Break, located behind Arctic Nite



A Mom & Me Scrap Camp takes place noon-4 p.m. at the community center. Cost is \$20. Projects are geared towards

Mother's Day. Call 377-2642. Scholarship Awards Ice Cream Social takes place

2 p.m. Saturday at the Aurora Club. For more in-

BEHS Event Assistance

more information, call 377-5106.

through accredited schools in the local area.

Individuals who wish to participate must sub-

mit a completed application for TA each term

to the base education and training office, 2623

Wabash Ave, Room 103. The application dead-

line for the summer 2005 term is May 20. For

The Ben Eielson High School senior class "Grad Bash 2005" takes place May 23-24. To help with set-up and take-down, call Brad and Linda Quarnberg at 372-3053 or email qbart@gci.net. To help with decorations, email Michelle Fieschel at fieschel@gci.net. To chaperone or to help with activities overnight, email Rich and Brenda Catahay at bcatahay@hotmail.com.

Spouses Ice Cream Social

The annual Officer and Enlisted Spouses Clubs

formation call Shay Pittman at 372-1339.

Little league season begins, volunteers needed

Little league registration takes place 10 a.m. to

4 p.m. Saturday and Sunday outside the base exchange. Volunteers are needed for the following: umpires, coaches, assistant coaches and board members. For more information, email Terry Burke at terry.burke@eielson.af.mil, or email Kyle Way at kyle.way@eielson.af.mil.

Spring carnival fundraiser

Anderson Elementary's annual Spring Carnival Fundraiser takes place 5-7 p.m. May 6 at Anderson Elementary School. There will be games, balloons, prizes and food. For more information, call 372-4144.

Commander's corner-

Commander's Hotline — 377-6100

The Hotline is your opportunity to get your issues and comments directly to me so I can address them.

Before you call the hotline, however, I strongly encourage you to give the unit involved, your first sergeant or commander a shot at resolving the issue. The Iceman Team takes care of its own, but you should give these people the chance to help. Please leave the names and organizations of the people you've contacted who have been unable to satisfy your concern, and I will look into the problem.

Your confidentiality will be respected at all times. Thank you!

Brig. Gen. Marke Gibson 354th Fighter Wing commander

AAFES	372-2139	Housing manag	ement	377-2244
CE customer service	377-2100	Inspector gener	ral	377-2109
Chaplain	377-2130	Military personne	l flight	377-2276
Dining facility	377-2536	Legal		377-4114
Family support center	377-2178	Public affairs		377-2116
Finance	377-1851	Services		377-2857
Fraud, waste & abuse	377-2109	TRICARE	377-52	235, Ext. 2

Newspaper deadlines

ARCTIC SENTRY deadlines are close of business
Friday prior to the following Friday's
publication. E-mail submissions to
editor@eielson.af.mil or ARCTIC SENTRY on the global
listing.

ECTV submissions

To post announcements on Eielson Community Television, e-mail ectv@eielson.af.mil or ECTV on the global.

ECTV is updated daily and can be accessed by watching GCI's channel 5.

WHAT OUR LEADERS

ARE SAYING



"In forming their new government, the Iraqis have shown that the spirit of compromise has survived more than three decades of dictatorship. They will need that spirit in the weeks and months ahead, as they continue the hard work of

building their democracy."

President George W. Bush Commander-in-Chief

PACAF Command Chief shares views

by Capt. David FaggardPacific Air Forces Public Affairs

HICKAM AFB, Hawaii -

Dedication, hard work, rolling up his sleeves helping and working with Airmen represents the character of the new Pacific Air Forces Command Chief Master Sergeant.

Chief Master Sergeant
Rodney J. McKinley, a native of
Ohio who grew up in a farming
community, said he'll spend
some time getting to know the
command and the mission, but
plans to start visiting with the
55,000 men and women across
PACAF.

"I sincerely care about the lives and well-being of the Airmen in the command," the Chief said as he was reflecting on the Airmen spread across PACAF's 16 time zones.

As the Chief explained in a

As the Chief explained in a calm demeanor, he's "humbled" to be able to represent the Airmen; and past experiences in the Air Force and PACAF, like being a First Sergeant, prepared him well for this key leadership and advisory role.

"Being a First Shirt was one of the most rewarding experi-

ences of my life," the Chief said.
"You could take someone,
headed down the wrong path,
and lead them to success;
benefiting the Air Force and
society—turning lives around."

The Chief said the operations tempo is busy now, but remembers that it's always been busy. However, Airmen need to stay focused because the Air Force isn't just a job; it's about fighting and winning our nation's wars.

"We need our Airmen to slow down, be safe and do things right," the Chief while also saying we need to focus on following the technical orders properly and precisely while remembering to stay safe.

The Chief also took some time to mentor, saying that supervisors should be the front line of defense on a range of issues concerning all Airmen. They should get involved and stay involved with their people.

"Supervisors need to get out there and meet their Airmen face-to-face. Supervisors need to meet them at the airport when they first get in, establish a professional relationship with that person and let them know "First, whatever job you have, do the best job you can ... Second, treat people with kindness, (and lastly) trust leadership, respect peers and mentor subordinates."

Chief Master Sgt. Rodney McKinley
Pacific Air Forces
command chief

you're there for them," he said.
"It's not about just performing the job we're trained to do, it's also about mentoring and supervising."

The Chief explained three leadership philosophies to live by in the Air Force.

"First, whatever job you have, do the best job you can," the Chief explained. "Second, treat people with kindness," and lastly, "trust leadership, respect peers and mentor subordinates."

Chief McKinley serves as the principal consultant to Gen. Paul Hester, PACAF commander, on all enlisted issues including keeping the commander appraised of all matters concerning the health, morale and welfare of

all assigned enlisted people; and, coordinating with headquarters staff agencies, commanders and senior enlisted personnel on matters of administration and implementation of command policy.

"Our Airmen are fantastic," the chief said. "They're concerned about the mission, not themselves and are concerned with doing what's right for the Air Force."

"We're seeing history in the making—democracy in the Middle East—and when history looks back, you'll see that the young men an women in uniform very possibly will be considered the next 'Greatest Generation'," Chief McKinley said.

Traffic deaths take emotional toll on Airman

by Master Sgt. Kimberly Spencer 59th Medical Wing Public Affairs

LACKLAND AFB, Texas (AFPN) — I tell myself I won't cry this time

It's been almost six years since my brother was locked up for vehicular manslaughter. As I sit and wait for him to be released into the visiting area, I remind myself, I will be strong, I will not cry this

I'm thankful that he somehow survived the wreck he caused. I deal with the guilt that comes when I think of the mother and daughter in the other car who didn't.

For my mother and stepfather the emotional and financial tolls have been devastating. Although he is one of six children, he is my mother's only son.

For my sisters and me, it has been an emotional roller coaster. Some of us have forgiven him and support him to the best of our ability. Others choose to pretend he no longer exists. I try to visit him at least once a month. The 12-hour drive gives me time to think.

I think about how this event has devastated so many lives; how that split-second decision, to get behind the wheel, has turned into a lifetime of pain.

In his intoxicated state, my brother never realized he had forgotten to put his lights on as he pulled out into the path of a car holding a family of five. They didn't see him until it was too late. T.C. finally arrives and checks in with the guards. This is when I feel the happiest, finally getting to see my baby brother again. I hug him briefly as a meaty-looking guard frowns.

We sit across the table from one another and chat. We've learned to keep it light, talking about something interesting he has read, or how work is going for me. I try to update him on family events without dwelling on the things he is missing too much.

Pefers Unow it the guard is giving us the five minute warning.

Before I know it, the guard is giving us the five-minute warning. This is where it gets tough for me. I hug him hard, holding on despite another frown from the meaty guard. Inevitably, he pulls away and heads for the door back to his cell. As he turns to look at me one last time, and I see the sadness in his eyes, I feel the tears melting my resolve.

Slowly I make my way back to the outside, through the stale air, past the clanking metal doors running on molasses.

As I exit the last door, I give up and let the tears fall.

Next time I will be strong, I tell myself. I won't cry — next time.

I've got 54 years to see if I can do it.

ARCTIC FEATURE

Cope Thunder participants balance work, play





Photos by Senior Airman Joshua Strang

Left, Senior Airman Stanley Wilson, 35th Aircraft Maintenance Squadron, Misawa Air Base, Japan, cleans panels of an F-16 during pre-flight operations in support of Exercise Cope Thunder April 21. The Cope Thunder joint traning exercise provides 8-10 sorties per pilot, that are as real as combat within the constraints of the training enviroment. Above, Senior Airman Ben Gregory (Shooting), and Staff Sgt. Edward Triplett, 35th AMXS take turns shooting at clay pigeons at the Skeet and Trap Range.



Above, Airman Jeremy Devos, 756th Aircraft Maintenance Squadron, Luke Air Force Base, Ariz., inflates the tire of an F-16 during preflight operations. Right, Cope Thunder Airmen take advantage of a four-hour ATV guided tour offered by outdoor recreation. Anyone interested in a guided ATV tour, skeet shooting or other trips or activities can call outdoor recreation at 377-1328.





Senior Airman Christine O'Donnell, 35th Aircraft Maintenance Squadron, Misawa Air Base, Japan, cleans the canopy of an F-16 during Cope Thunder.